

# POWER-UP YOUR SCHOOL MENUS!

Easy-to-prep Smart Snacks for K-12 school menus



1000007470



**McCain® Crispy Bakeable Crinkle Fries**

| Frozen Serving size | Calories | Fat | Sodium |
|---------------------|----------|-----|--------|
| 2.1 oz              | 100      | 3g  | 170mg  |



1000006188



**McCain® Hashbrown Rounds**

| Frozen Serving size | Calories | Fat  | Sodium |
|---------------------|----------|------|--------|
| 2 pc (2.54 oz)      | 90       | 2.5g | 190mg  |



MCX04717



**McCain® Crispy Bakeable Seasoned Skin-On Thick Fries**

| Frozen Serving size | Calories | Fat | Sodium |
|---------------------|----------|-----|--------|
| 2.4 oz              | 100      | 4g  | 135mg  |



1000002789



**Ore-Ida® Reduced Sodium Tater Tots®**

| Frozen Serving size | Calories | Fat  | Sodium |
|---------------------|----------|------|--------|
| 8 pc (2.52 oz)      | 90       | 3.5g | 160mg  |



1000000496



**McCain® Crispy Bakeable Seasoned Skin-On Wedges**

| Frozen Serving size | Calories | Fat | Sodium |
|---------------------|----------|-----|--------|
| 2.89 oz             | 130      | 4g  | 140mg  |



1000006639



**McCain® Emoticons™ Crispy Mashed Potato Shapes**

| Frozen Serving size | Calories | Fat | Sodium |
|---------------------|----------|-----|--------|
| 4 pc (2.37 oz)      | 120      | 4g  | 80mg   |



MCF03927



**McCain® Chopped Seasoned Skin-On Roasted Potato**

| Frozen Serving size | Calories | Fat | Sodium |
|---------------------|----------|-----|--------|
| 3.05 oz             | 120      | 3g  | 90mg   |



1000002870



**McCain® Reduced Sodium Skin-Off Homestyle Mashed Potatoes**

| Frozen Serving size | Calories | Fat | Sodium |
|---------------------|----------|-----|--------|
| 4.34 oz             | 120      | 3g  | 125mg  |



1000004108



**McCain® Crispy Bakeable Seasoned Spirals**

| Frozen Serving size | Calories | Fat | Sodium |
|---------------------|----------|-----|--------|
| 2.17 oz             | 100      | 3g  | 190mg  |



OIF03456



**McCain® Smiles® Crispy Mashed Potato Shapes**

| Frozen Serving size | Calories | Fat  | Sodium |
|---------------------|----------|------|--------|
| 4 pc (2.41 oz)      | 130      | 4.5g | 180mg  |

For a product sample or to learn more, contact your McCain sales representative or visit [www.mccain4schools.com](http://www.mccain4schools.com).

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## ADDITIONAL INFORMATION

### PRODUCT INFORMATION

### PACKAGING

### PREPARATION

### NUTRITION

| SKU #      | Product Description   | Cut      | Cut Size  | Serving Size (Frozen oz.) | CN equivalent vegetable serving | Frozen servings per case | Pack Size | Case Wt. (lbs) |       | Cooking Method | Temp    | Time                           | Calories / Fat (g) / Sodium (mg) |
|------------|---|----------|-----------|---------------------------|---------------------------------|--------------------------|-----------|----------------|-------|----------------|---------|--------------------------------|----------------------------------|
|            |   |          |           |                           |                                 |                          |           | Net            | Gross |                |         |                                |                                  |
| 1000007470 | McCain® Crispy Bakeable Seasoned 1/2" Deep Groove Crinkle Fries           | Crinkle  | 1/2"      | 2.1                       | 1/2 cup                         | 224.29                   | 6x5       | 30             | 31.69 | Bake           | 425°F   | Full Oven Tray – 25 to 27 mins | 100 / 3 / 170                    |
| MCX04717   | McCain® Crispy Bakeable Seasoned Skin-On Thick Fries 1/2" XL              | Straight | 1/2"      | 2.4                       | 1/2 cup                         | 199.5                    | 6x5       | 30             | 31.8  | Bake           | 425°F   | 10 to 14 mins                  | 100 / 4 / 135                    |
| 1000000496 | McCain® Crispy Bakeable Seasoned Skin-On Regular 8-Cut Wedges             | Wedge    | 8 Cut     | 2.89                      | 1/2 cup                         | 165.34                   | 6x5       | 30             | 31.61 | Bake           | 425°F   | 20 to 25 mins                  | 130 / 4 / 140                    |
| MCF03927   | McCain® Chopped Seasoned Skin-On Roasted Potato [Garlic, Rosemary & Herb] | Chunk    | 1" Chunks | 3.05                      | 1/2 cup                         | 157.33                   | 6x5       | 30             | 31.65 | Bake           | 425°F   | 10 to 12 mins                  | 120 / 3 / 90                     |
| 1000004108 | McCain® Crispy Bakeable Seasoned Spirals                                  | Spiral   | —         | 2.17                      | 1/2 cup                         | 177.31                   | 6x4       | 24             | 25.54 | Bake           | 425°F   | 13 to 15 mins                  | 100 / 3 / 190                    |
| 1000006188 | McCain® Hashbrown Rounds  | Round    | —         | 2 pc (2.54)               | 1/2 cup                         | 189                      | 6x5       | 30             | 31.7  | Bake           | 425°F   | 14 to 20 mins                  | 90 / 2.5 / 190                   |
| 1000002789 | Ore-Ida® Reduced Sodium Tater Tots®                                       | Tot      | —         | 8 pc (2.52)               | 1/2 cup                         | 190.5                    | 6x5       | 30             | 31.72 | Bake           | 425°F   | 12 to 17 mins                  | 90 / 3.5 / 160                   |
| 1000006639 | McCain® Emoticons™ Crispy Mashed Potato Shapes                            | Formed   | —         | 4 pc (2.37)               | 1/2 cup                         | 162.03                   | 6x4       | 24             | 25.72 | Bake           | 425°F   | 9 to 13 mins                   | 120 / 4 / 80                     |
| 1000002870 | McCain® Reduced Sodium Skin-Off Homestyle Mashed Potatoes                 | Mashed   | —         | 4.34                      | 1/2 cup                         | 88.44                    | 6x4       | 24             | 25.08 | Steamer        | NA      | 30 to 35 mins                  | 120 / 3 / 125                    |
|            |   |          |           |                           |                                 |                          |           |                |       | Stove Top      | Boiling | 20 to 25 mins                  |                                  |
| OIF03456   | McCain® Smiles® Crispy Mashed Potato Shapes                               | Formed   | —         | 4 pc (2.41)               | 1/2 cup                         | 159.6                    | 6x4       | 24             | 25.58 | Bake           | 425°F   | 9 to 13 mins                   | 130 / 4.5 / 180                  |

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